

Gary S. Hirshfield, M.D. F.A.C.S.

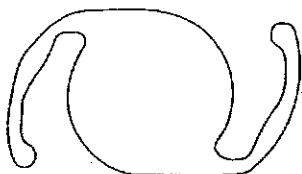
(718) 460-1200

www.newyorkcataract.com

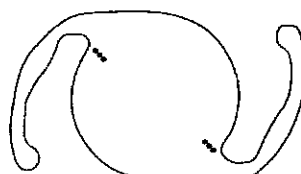
Cataracts are a normal part of the aging process, and you may or may not have been diagnosed with cataracts. Cataracts are typically linked to birthdays - the more birthdays you have, the more likely you are to develop a cataract. Being diagnosed with a cataract may seem frightening at first. However, due to advancements in technology, cataract surgery is considered to be one of the safest and most successful surgeries in the United States today.

A cataract is a clouding of all or part of the normally clear lens within your eye, which results in blurred or distorted vision. Cataracts are most often found in persons over age 55, but they are also occasionally found in younger people. A cataract can progress until eventually there is a complete loss of vision in your eye, and neither diet nor laser treatment will make the cataract go away. Cataract surgery can help restore your vision long before you experience loss of vision significant enough to interfere with your daily activities.

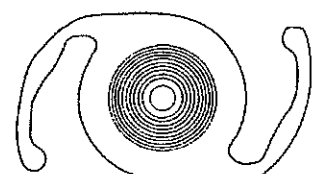
In our office, we offer the most advanced options to customize your vision after cataract surgery, based on your individual lifestyle needs. Based on our findings during your upcoming examination, we will inform you of which lens is the best option for you. On the following page, you will find information that helps you understand three different options:



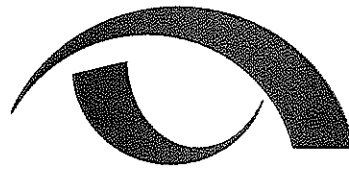
Basic monofocal
lens implant



Acrysof® Toric
premium lens implant



Acrysof® ReSTOR®
premium lens implant



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Basic Monofocal Lens

With single-vision lens implants, there is a very high likelihood that you will need glasses for most near-vision activities after surgery, even if you do not wear near-vision glasses before surgery. These activities include such things as reading, applying makeup, shaving, sewing, reading your watch, dialing a cell phone, and baiting fish-hooks. Medicare and most private insurance carriers will pay 80% of your cataract surgery and the monofocal lens. This is considered basic coverage.

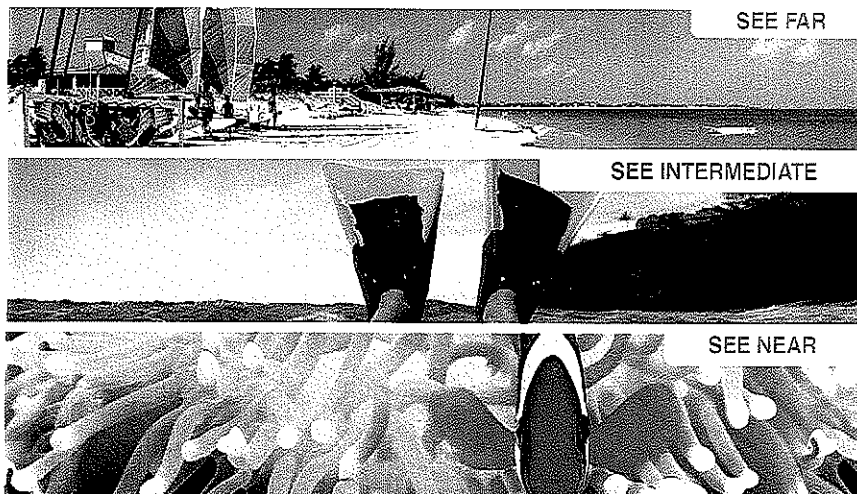
Acrysof® Toric

The Acrysof® Toric lens is specifically designed to address those who have a significant amount of astigmatism. In years past, cataract surgery removed the cataract, but a patient with high astigmatism still required glasses for near and distance vision. The design of the Acrysof® Toric lens makes it possible to reduce or eliminate astigmatism and significantly improve uncorrected distance vision. There is an additional cost for this lens implant and this cost is not reimbursed by insurance plans.



Acrysof® ReSTOR®

New technology implants, such as Acrysof® ReSTOR®, are designed to provide a full range of vision--near, far and everything in between. Medicare and private insurance provide basic coverage and allow you to pay for the upgrade, if you choose to do so. Based on FDA clinical data, 80% of patients never need



glasses again for any activities. Those who do need glasses need them only for very specific tasks. The goal of the ReSTOR® lens is to allow you to live a spectacle-free life, to see things near and far without glasses. There is an additional cost for this technology and this cost is not reimbursed by insurance plans.